



# Renseikan Dojo

## Karate • Aikido • Judo

A division of Zen Living Inc.

1066 Dunbarton Rd  
 Pickering, Ont., L1V 1G8  
 & 1472 Old Forest Rd  
 Pickering, Ont., L1V 1N9  
 Tel: (905) 409-8883  
 Classes@Renseikan.com  
 www.Renseikan.com

### 2010 Schedule

### Effective September 11<sup>h</sup>, 2010

| Monday  | Tuesday  | Wednesday | Thursday  | Friday | Saturday                        | Sunday |
|---|--|-----------|---|--------|---------------------------------|--------|
|   | 11:00 – 12:00<br>Children's Karate Class                         |           |   |        | 8:30 – 9:30<br>Children Karate  |        |
|   |  |           |   |        | 9:30 – 10:30<br>Adult Karate    |        |
|   |  |           |   |        | 10:30 – 11:30<br>Aikido Weapons |        |
| 6:00 – 6:45<br>White, Yellow & Orange Belt Children & Family Karate | 6:00 – 6:30<br>Early Start Martial Arts Fitness Class Hombu Dojo |           | 6:00 – 6:45<br>White, Yellow & Orange Belt Children & Family Karate |        | 11:45 – 12:45<br>Judo           |        |
| 7:00 – 7:50<br>Green Belt and Up Children & Family Karate           | 7:00pm – 8:00pm<br>Semi-Private Hombu Dojo<br>** Class Full      |           | 7:00 – 7:50<br>Green Belt and Up Children & Family Karate           |        |                                 |        |
| 8:00 – 9:00<br>Adult Karate   | 8:00pm – 9:00pm<br>**Semi-Private                                |           | 8:00 – 9:00<br>Adult Karate   |        |                                 |        |
| 9:00 – 10:00<br>Adult Aikido  |  |           | 9:00 – 10:00<br>Adult Aikido  |        |                                 |        |

\*\* Semi-private sessions are restricted to a maximum of six students per class. For more information, please contact Sensei.

\*\* Private sessions will be scheduled throughout the month as required.

